

Transition & The Internet

Family Village Project

Waisman Center ~ University of Wisconsin - Madison
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The online version of this document is available at <http://www.familyvillage.wisc.edu/sp/trans.html>

General Transition Links	Career Interest Inventories	Independent Living	Employment	Health Issues
Civil Rights & Legal Information	Post-Secondary Education	Transportation	Programs & Benefits	
Diagnosis Specific Transition Resources	Miscellaneous	Supports for Youth & Young Adults		

TRANSITION INFORMATION - GENERAL

Designing Individualized Education Program (IEP) Transition Plans

<http://www.ericdigests.org/2001-4/iep.html>

From the ERIC Clearinghouse on Disabilities and Gifted Education. Early and meaningful transition planning, which actively involves students and their families, has a positive influence on students' post-school success and independence. This digest describes the process of designing quality IEP transition plans.

Expanding the Circle

<http://ici1.umn.edu/etc/>

A curriculum that offers culturally relevant activities that facilitate the successful transition from high school to postsecondary experiences for American Indian students. The curriculum is designed to help youth explore who they are, what skills they need, and what their options are for life after high school. Lessons are designed for use by teachers as well as elders, community members, or other professionals who may work with American Indian youth.

National Center on Secondary Education and Transition (NCSET)

<http://www.ncset.org/>

Coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures.

National Longitudinal Transition Study-2 (NLTS2)

<http://www.nlts2.org/>

Documenting the experiences of a national sample of students who were 13 to 16 years of age in 2000 as they move from secondary school into adult roles. See their report: Perceptions and Expectations of Youth With Disabilities

National Transition Network (NTN)

<http://ici2.umn.edu/ntn/>

The National Transition Network provides technical assistance and evaluation services to states with grants for Transition Systems Change and School-to-Work. The general mission of NTN is to strengthen the capacity of individual states to effectively improve transition and school-to-work policies, programs, and practices as they relate to youth with disabilities.

Nuts and Bolts of Transition

<http://www.vcu.edu/rrtcweb/techlink/courses/course1/opening.html>

An online course on transition including the definition of transition, Key Components of Successful Transition; Building a Transition Curriculum; and Transition & the IEP. NOTE: Although no longer updated, the site contains useful information.

Options After High School for Youth with Disabilities

<http://www.nichcy.org/pubs/transum/ts7txt.htm>

Developed to help youth with disabilities, their families, and the professional who work with them plan for transition. An overview of adult service systems (e.g., Social Security Administration, Vocational Rehabilitation) is given. Employment options are also explored.

State Transition Resources

<http://www.ncset.org/stateresources/>

This page, from the National Center on Secondary Education and Transition, contains information on the transition resources available in that state, district, or territory.

A Student's Guide to the IEP

<http://www.nichcy.org/pubs/stuguide/st1book.htm>

Step-by-step guidelines are given to lead students through the process of learning about how the IEP is developed, learning about their disability, listing their strengths and weaknesses, identifying accommodations they need, developing a list of goals and objectives for the year, talking with teachers and parents, and preparing for and participating in the IEP meeting. From NICHCY

Transition Services in the IEP

<http://www.nichcy.org/pubs/transum/ts8txt.htm>

Presents information on the regulations and requirements for transition services and examines suggested transition components such as employment, postsecondary educational activities, independent living, eligibility for various adult services, and community participation. From NICHCY

Transition Planning: A Team Effort

<http://www.nichcy.org/pubs/transum/ts10txt.htm>

Provides ideas and information on how students, families, school personnel, service providers, and others can work together to help students make a smooth transition. In particular, this document focuses on creative transition planning and services that use all the resources that exist in communities, not just the agencies that have traditionally been involved. From NICHCY

TATRA - Technical Assistance on Transition and the Rehabilitation Act

<http://www.pacer.org/tatra/>

The TATRA Project provides financial and administrative support to ten parent centers participating in the RSA parent training initiative that enables participating parent centers to develop as a "Center of Expertise." Each center focuses on a specialized Vocational Rehabilitation (VR) topic affecting families of young adults with disabilities.

Transition Planning for Adolescents with Special Health Care Needs and Disabilities: Information for Families and Teens

http://www.communityinclusion.org/article.php?article_id=184

This booklet has been developed for families to help you prepare with your teen for his/her adulthood.

Transition Timeline

<http://depts.washington.edu/healthtr/Timeline/timeline.htm>

The Transition Timeline for Children and Adolescents with Special Health Care Needs may help you think about the future and give you ideas to help your child achieve independence in his or her own health care, and in other areas of life as he or she grows.

Vocational Assessment: A Guide for Parents & Professionals

<http://www.nichcy.org/pubs/transum/ts6txt.htm>

Describes the importance of vocational assessment in the educational process of students with disabilities planning for the transition from school to work. Vocational assessment is defined in this document, its purposes are explained, and the ways in which vocational assessment can benefit teenagers with special needs are discussed. From NICHCY

CAREER INTEREST INVENTORIES

Career Interest Checklist

<http://www.learnmoreindiana.org/careers/exploring/InterestInventories/Pages/InterestInventories.aspx>

Discover Careers that Fit You

http://facweb.eths.k12.il.us/feeleyd/ast%20assessments/discover_careers_that_fit_you.htm

Career Key

<http://www.careerkey.org/>

The Keirsey Temperament Sorter

<http://www.keirsey.com/cgi-bin/keirsey/newkts.cgi>

What do I want to do? A DIY guide to self-assessment for people with disabilities

<http://www.independentliving.org/docs4/gateshead1.html>

Jung - Myers-Briggs Typology

<http://www.humanmetrics.com/>

Career Interest Survey - Ed Online

<http://www.edonline.com/collegecompass/carhlp2.htm>

INDEPENDENT LIVING

Adolescent Autonomy Checklists

<http://depts.washington.edu/healthtr/Checklists/intro.htm>

Use these checklists as an ongoing measurement of the independent skills your child achieves.

Casey Life Skills Assessments

<http://www.caseylifefskills.org/>

Free on-line Life Skills assessments for ages 11 to 25.

Helping Teens with LD Develop Daily Living Skills

http://www.schwablearning.org/pdfs/expert_roffman.pdf?date=2-07-07&status=new

From Schwab Learning.org, explains why kids with learning disabilities often struggle to learn basic daily living skills. Shows how parents can help their kids succeed by providing explicit instruction and practice in the following skill areas: shopping for and preparing food; housekeeping; managing money and being a wise consumer; travel and transportation; healthy lifestyle, hobbies, and recreation.

Independent Living Skills Guide and Checklist

<http://www.cenmi.org/msdb-LIO/ILS.asp>

From the Michigan Department of Education Low Incidence Outreach Project

TOTAL: Transition Outreach for Adult Living Training Videos

http://www.isbe.net/spec-ed/html/transition_video.htm

A free, multimedia website which includes videos highlighting four core best practices in secondary transition as well as additional best practices, group activities, and resources.

EMPLOYMENT

Career Voyages

<http://www.careervoyages.gov/>

This web site is the result of a collaboration between the U.S. Department of Labor and the U.S. Department of Education. It is designed to provide information on high growth, in-demand occupations along with the skills and education needed to attain those jobs.

Employment Support Institute (ESI)

<http://www.vcu.edu/busweb/esi/index.html>

This institute helps people make better decisions about employment options and policies that affect people with disabilities.

CEC Division on Career Development and Transition (DCDT)

<http://www.dcdt.org/>

An organization for those interested in career and vocational issues for students with disabilities. The site offers conferences, web seminars, and publications for people who seek to learn more about Transition.

High School/High Tech Program (HS/HT) Manual

http://www.ncwd-youth.info/resources_&_Publications/hsht_manual.html

This resource provides a foundation for developing partnerships to increase the pipeline of young people preparing for jobs in technology-related occupations. HS/HT builds collaborations with organizations to assist your state or community better meet the needs of youth with disabilities. The program is one of several initiatives of the Office of Disability Employment Policy (ODEP)

JAN - The Job Accommodation Network

<http://www.jan.wvu.edu/>

The Job Accommodation Network (JAN) is not a job placement service, but an international toll-free consulting service that provides information about job accommodations and the employability of people with disabilities. JAN also provides information regarding the Americans with Disabilities Act (ADA).

National Center on Workforce and Disability/Adult

<http://www.onestops.info/>

Provides training, technical assistance, policy analysis, and information to improve access for employment of people with disabilities. Their web site contains a number of fact sheets and policy papers.

National Collaborative on Workforce and Disability for Youth

<http://www.ncwd-youth.info/>

NCWD/Youth strives to ensure that youth with disabilities are provided full access to high quality services in integrated settings in order to maximize their opportunities for employment and independent living.

RecruitABILITY

<http://www.recruitability.org/>

A disability employment job board created to help the disabled seek employment. Users can post resumes and look for a jobs.

School-to-Work Outreach Project

<http://ici.umn.edu/schooltowork/>

The School-to-Work Outreach Project (STWOP) is a nationwide activity to improve school-to-work activities including students with disabilities by identifying and sharing school-to-work strategies that work, encouraging others to adopt or replicate those models.

SSA Work Incentives Programs

<http://www.mchbhw.org/ssawork/>

Learn about PASS Plans (Plan for Achieving Self-Support) and Ticket to Work

Worksupport.com

<http://www.worksupport.com/>

The purpose of this site is to identify factors that enhance or inhibit businesses from tapping into a pool of potential employees. It is a gateway to information, resources, and services regarding the employment of people with disabilities.

HEALTH ISSUES

Adolescent Health Transition Project -- Washington

<http://depts.washington.edu/healthtr/>

This project is designed to help smooth the transition from pediatric to adult health care for adolescents with special health care needs. This site is a resource for information, materials, and links to other people with an interest in health transition issues. See their Health Care Skills Checklist

Adult Metabolic Transition Project

<http://depts.washington.edu/transmet/>

Provides information & assistance to young adults with metabolic disorders transitioning to adult care & to their health care providers.

Health Care Transitions

<http://hctransitions.ichp.edu/>

This site is supported by the Promising Practices in Health Care Transition Research Project based at the Institute for Child Health Policy at the University of Florida. The focus of the site is health care transition for youth with disabilities and special health care needs.

MCHB-Healthy and Ready to Work

<http://www.hrtw.org/>

The purpose of the HRTW initiative has been to promote a comprehensive system of family-centered, culturally competent, community-based care for children with special health care needs (CSHCN) who are approaching adulthood and may need assistance in making the transition from pediatric to adult health care and to post-secondary education and/or employment.

Specialized Care for Transition Resources

<http://internet.dsc.uic.edu/dscroot/parents/transition.asp>

Site has pulled together a number of great resources in addition to producing a number of their own. While they cover all aspects of transition, they have strong emphasis on health information. Be sure to check out their Adult Doctor Interview Sheet and Bridging the Gap Between Pediatric and Adult Care.

CIVIL RIGHTS & LEGAL INFORMATION

The Access Board

<http://www.access-board.gov/>

U.S. Access Board, also known as the Architectural and Transportation Barriers Compliance Board was created to serve the nation as the only independent federal agency whose primary mission is accessibility for people with disabilities.

Disability and Business Technical Assistance Centers (DBTACs)

<http://www.adata.org/>

Regional centers to provide information, training, and technical assistance to employers, people with disabilities, and other entities with responsibilities under the ADA. The centers act as a "one-stop" central, comprehensive resource on ADA issues in employment, public services, public accommodations, and communications.

Equal Employment Opportunity Commission

<http://www.eeoc.gov/>

Selected items that will provide a basic introduction to your rights and responsibilities under federal equal employment opportunity laws. All primary modes of public transportation are included – intra-city and over-the-road-buses, trains, and air travel.

A Guide to Disability Rights Laws

<http://www.ada.gov/cguide.htm>

Covers the rights of persons with disabilities regarding education, employment, fair housing, public accommodations, and telecommunications.

National Disability Rights Network

<http://www.napas.org/>

Previously known as the National Association of Protection and Advocacy Systems, the NDRN is a federally mandated system in each state and territory which provides protection of the rights of persons with disabilities through legally based advocacy.

Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities

<http://www.ed.gov/ocr/transition.html>

From the Office for Civil Rights (OCR) in the U. S. Department of Education, explains the rights and responsibilities of students with disabilities who are preparing to attend postsecondary schools.

U.S. Department of Justice ADA Home Page

<http://www.usdoj.gov/crt/ada/adahom1.htm>

POST-SECONDARY EDUCATION

AHEAD - Association on Higher Education and Disability

<http://www.ahead.org/>

AHEAD was founded to address the need and concern for upgrading the quality of services and support available to persons with disabilities in higher education.

Colleges with Programs for Learning Disabled Students

http://www.college-scholarships.com/learning_disabilities.htm

From the American Educational Guidance Center - Almost all colleges and universities provide some level of services and/or accommodations for learning disabled students, as mandated by the Americans with Disabilities Act (ADA). The colleges and universities listed on this site go a step further...they offer programs, some quite comprehensive, designed to support students with learning disabilities.

Guidance and Career Counselors' Toolkit: Advising High School Students with Disabilities on Postsecondary Options

<http://www.heath.gwu.edu/node/15>

This 192 page resource contains answers to counselors' most frequently asked questions about postsecondary opportunities for students with disabilities. Students and their families are encouraged use the toolkit to help guide their transition planning for college and career.

HEATH Resource Center

<http://www.heath.gwu.edu/>

This is a national clearinghouse on postsecondary education for individuals with disabilities. Check out their FAQs (frequently asked questions). Be sure to see their Creating Options: Financial Aid for Individuals with Disabilities

National Center on Secondary Special Education and Transition

<http://www.ncset.org/>

Coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures. See their publication list for several excellent articles and papers related to various aspects of transition.

Postsecondary Education Options for Students with Intellectual Disabilities

http://www.communityinclusion.org/article.php?article_id=178&type=topic&id=7

The possibility of college is usually not promoted as a viable option for students with intellectual disabilities. This paper includes definitions of "postsecondary education" and "intellectual disability"; an overview of postsecondary education options; research findings on current knowledge of postsecondary education options and outcomes, with recommendations for improving access to postsecondary education; and a bibliography, including a list of websites.

Transition to College

<http://www.transitiontocollege.net/>

Model demonstration sites in Maryland and Connecticut to evaluate the efficacy and outcomes of serving students ages 18-21 with intellectual disabilities in two and four year colleges. The model sites will also provide technical assistance and training to personnel within each state on the development and improvement of services for students with intellectual disabilities in postsecondary environments.

TRANSPORTATION

Adaptive Driving Alliance

<http://www.adamobility.com>

The Adaptive Driving Alliance (ADA) is a group of vehicle modification dealers who provide van conversions, hand controls, wheelchair lifts, scooter lifts, tie downs, conversion van rentals, paratransit and other adaptive equipment for disabled drivers and passengers.

Association for Driver Rehabilitation Specialists

<http://www.driver-ed.org/>

Check out their Disabilities and Driving Fact Sheets or search their data base for certified instructors in your area.

National Center for Accessible Transportation

<http://ncat.oregonstate.edu/>

Addresses the need for research and development for improving access to public transportation for all. All primary modes of public transportation are included – intra-city and over-the-road-buses, trains, and air travel.

National Mobility Equipment Dealers Association (NMEDA)

<http://www.nmeda.org/>

A non-profit trade association of mobility equipment dealers, driver rehabilitation specialists, and other professionals dedicated to broadening the opportunities for people with disabilities to drive or be transported in vehicles modified with mobility equipment. All members work together to improve transportation options of people with disabilities.

Project Action

<http://www.projectaction.org/>

Project ACTION (Accessible Community Transportation in Our Nation) is a congressionally created national technical assistance program authorized under the Intermodal Surface Transportation Efficiency Act (ISTEA). The foundational work of Project ACTION is in promoting cooperation between the disability community and transportation industry. This work enables improved access to transportation for people with disabilities and the provision of accurate and practical information to help transportation operators implement the Americans with Disabilities Act (ADA).

Travel Training for Youth with Disabilities

<http://www.nichcy.org/pubs/transum/ts9txt.htm>

This Transition Summary focuses on training people with disabilities to use public transportation safely and independently. The articles that make up this publication describe the essential components of a successful travel training program, the specific skills that travelers need to ensure safe and independent travel, and the issues that arise with specific disabilities such as physical, cognitive, and visual impairments. From NICHCY

PROGRAMS & BENEFITS

Comprehensive, Person Centered State Work Incentive Initiatives

<http://www.uiowa.edu/~lhpd/work/>

A resource center for developing and implementing Medicaid Buy-in Programs. Helps individuals with disabilities find ways to maintain Medicaid coverage while working. Click on their US map to find out what is happening in your state.

Employment Support for People With Disabilities

<http://www.ssa.gov/work/>

Ticket to Work and Work Incentives Improvement Act of 1999

<http://www.ssa.gov/pubs/10061.html>

Redbook on work incentives a summary guide to Social Security and Supplemental Security Income work incentives for people with disabilities.

Social Security Disability Program

<http://www.ssa.gov/disability/>

Transition Age Special Education Students and SSI: What Parents Should Know

http://www.communityinclusion.org/article.php?article_id=65

From Stress to Success: Making Social Security Work for Your Young Adult

http://www.communityinclusion.org/article.php?article_id=53

Family Medical Leave Act of 1993: A General Overview

<http://www.jan.wvu.edu/links/fmlalinks.htm>

HIPAA - Health Insurance Portability and Accountability Act

http://www.cms.hhs.gov/HIPAAGenInfo/07_OtherHIPAAResources.asp

Medicaid Eligibility

<http://www.cms.hhs.gov/medicaid/eligibility/default.asp>

Information on eligibility policy and who is eligible for the Medicaid program.

IDEA

<http://idea.ed.gov/>

DIAGNOSIS SPECIFIC TRANSITION RESOURCES

Brain Injury

School to Work: Moving from Adolescence to Adulthood

<http://www.biausa.org/publications/schooltowork.htm>

From the Brain Injury Association's Special Interest Group on Children and Adolescents with Brain Injury

Deaf / Hard of Hearing

Gates to Adventure

<http://www.pepnet.org/traingates.asp>

A series of online learning modules for designed for deaf and hard of hearing students, ages 14 through adult. Students learn to explore options for postsecondary education; become involved in planning their educational and career goals and improve communication with others about their interests, goals, and education-related needs.

Down Syndrome

Transition Planning - What will change after high school?

http://www.ndss.org/index.php?option=com_content&task=view&id=1942&Itemid=236

From the National Down Syndrome Society

PKU

Adolescent Transition Curriculum for Phenylketonuria

<http://depts.washington.edu/pku/transition.htm>

Helps juniors and seniors in high school prepare to manage their PKU independently.

MISCELLANEOUS

Accommodations for Students with Disabilities

<http://cehd.umn.edu/NCEO/TopicAreas/Accommodations/Accomtopic.htm>

Accommodations are changes in testing materials or procedures that enable students to participate in assessments in a way that allows abilities to be assessed rather than disabilities. This site discusses accommodations, offers an "Accommodations Bibliography" and links to State Specific Accommodations Policies.

Graduation Requirements for Students with Disabilities

<http://cehd.umn.edu/nceo/TopicAreas/Graduation/StatesGrad.htm>

State by state listing from the National Center on Educational Outcomes

Also see: A National Study on Graduation Requirements and Diploma Options for Youth with Disabilities

College Board Services for Students with Disabilities

<http://www.collegeboard.com/ssd/student/>

Covers applicants with disabilities who seek approval of reasonable testing accommodations on the Scholastic Assessment Test (SAT) I and II, the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), and the Advanced Placement Program (AP) exams.

ACT Services for Students with Disabilities

<http://www.act.org/aap/disab/>

For more information on Testing Accommodations on the ACT Assessment.

MyPHR: Personal Health Record

<http://www.myphr.com>

Keeping a personal health record (PHR) allows you to provide doctors with valuable information that can help improve the quality of care you receive. MyPHR can help you identify a number of free services that help you develop your own PHR, where it is a paper copy or electronic.

The 411 on Disability Disclosure: A Workbook for Youth with Disabilities

http://www.ncwd-youth.info/resources_&_Publications/411.html

This workbook helps young people make informed decisions about whether or not to disclose their disability and understand how that decision may impact their education, employment, and social lives. Based on the premise that disclosure is a very personal decision, the Workbook helps young people think about and practice disclosing their disability.

SUPPORTS FOR YOUTH & YOUNG ADULTS

Ability OnLine Support Network

<http://www.ablelink.org/public/default.htm>

Putting children and adolescents with specialized needs in touch with the world.

Adolescence Directory On-Line (ADOL)

<http://www.iub.edu/~cafs/adol/adol.html>

An electronic guide to information on adolescent issues. It is a service of the Center for Adolescent Studies at Indiana University. Educators, counselors, parents, researchers, health practitioners, and teens can use ADOL to find Web resources for a variety of topics.

Band-Aids and Blackboards

<http://www.lehman.cuny.edu/faculty/jfleitas/bandaides/>

This is a site about growing up with medical problems...any ole type. Its goal is to help people understand what it's like, from the perspective of the children and teens who are doing just that. These kids have become experts at coping with problems that most of you have never heard of. They'd like you to know how they do it, and they hope that you'll be glad you came to visit one of the three areas (one for kids, one for teens, and one for adults).

Bearable Times

<http://www.bearabletimes.org/>

Bearable Times opens doors of communication and build bridges to connect children through education, health and technology resources. Technology for many children can open new doors to a brighter world around them. A way for them to learn to be advocates themselves and create an awareness among their peers.

Brave Kids

<http://www.bravekids.org/>

Resources related to children with chronic, life-threatening illnesses or disabilities.

Can Do! Kids

<http://www.ucando.org/kids.html>

Kids who focus on what they can do instead of what they can't.

Children With Diabetes

<http://www.childrenwithdiabetes.com/>

The mission of ChildrenWithDiabetes.com is to promote understanding of the care and treatment of diabetes, especially in children; to increase awareness of the need for unrestricted diabetes care for children at school and daycare; to support families living with diabetes; and to promote understanding of research into a cure.

Chronic Illness Resources for Teens

http://dms.dartmouth.edu/koop/resources/chronic_illness/

Stories written by teens with chronic illness.

Disability & Chronic Illness in Girls

<http://www.4girls.gov/disability/>

Tips to help you deal with the joys and fears that go along with growing up and ways to make doctor visits and trips to the hospital easier to handle

Just Because We Have a Disability Doesn't Mean We Byte!

<http://library.thinkquest.org/11799/home.html>

This is a website for kids aged 12-19 years old that strives to show how we can make the world a better place - a place where differences; whether it be a disAbility (Visible or Invisible), religion, race or ethnic group, we can all live in peace and harmony without war or discrimination.

KASA - Kids As Self-Advocates

<http://www.fvkasa.org/>

Youth with special health care needs speaking on behalf of themselves.

Kids Quest on Disability and Health

<http://www.cdc.gov/ncbddd/kids/>

Resources for children from 4th grade through high school - explore information about disabilities and health for kids.

LD Online: Kid Zone

<http://www.ldonline.org/kidzone/kidzone.html>

This is a site for children with learning disabilities that includes stories, articles, and artwork from different kids and teens.

Teens With Crohn's Disease Website

<http://pages.prodigy.net/mattgreen/>

A place to share stories and information - for teens, by teens - with Crohn's Disease, Colitis, or IBS.

Winners on Wheels (WOW) Online

<http://www.wowusa.com/>

WOW empowers kids in wheelchairs by encouraging personal achievement through creative learning and expanded life experiences that lead to independent living skills.

The most recent copy of this document can be found at:

<http://www.familyvillage.wisc.edu/sp/trans.html>

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